



Choi Hung Estate Catholic Secondary School

2025-2026 English Newsletter

Address: 1 Tse Wai Avenue, Choi Hung Estate, Kowloon

Tel: 2320 3594 Fax: 2325 6405

Website: <https://www.choihung.edu.hk>

Vol.1



New teachers

CHAN CHEUK YAN

It is an honor to join the Choi Tin community as a Chinese Language teacher. I see teaching as tending a garden, where every student is a unique seed growing at their own pace. My greatest joy lies in nurturing each one with patience and care.

Beyond the classroom, I find inspiration in literature, film, dance, and hiking. These pursuits continually enrich my life and inform my approach to teaching. I am deeply grateful for the warm welcome from colleagues and students, and I look forward to growing and learning together in this vibrant community.



Rethabile Matseke

Hello everyone! I'm Ms Rethabile Matseke, everyone calls me Ms Retha. I've been a teacher for six amazing years, and four of them have been right here in Hong Kong! When I'm not in the classroom, I love staying active. You'll often find me hiking Hong Kong's beautiful trails or dancing.



Being part of CHECSS for most of this year has been truly wonderful. My colleagues have been incredibly supportive, encouraging me to settle in and helping me understand how everything works. The students have also been very kind, sharing recommendations for local food spots and sometimes suggesting funny shows for me to watch haha! Through my students and colleagues, I've learned a great deal about how discipline and perseverance are the keys to achieving greatness. I hope the rest of the year brings even more amazing achievements and powerful collaborations for all of us.

Ho Chung Wai

Hello everyone, I am Ms Ho from the Mathematics department. Feeling joyful to encounter such active students these past two months, it has made me feel younger. A reminder that It is never too late to start again. Never consider yourself as an "unable" student. You have more talents than you can imagine. I want to share an encouraging story with all of you. One day a student shouted out "I can't do this. I do not know what to do." before even attempting the assigned quiz. After my encouragement, he tried and could finish two questions. Although it seems to be minor, he showed improvement. Improving slowly is progress too. Remember you are always welcome to ask me more about how to improve your studies in person.



Chau Chung Yin

Hello everyone, I am Mr. Chau, a teacher of Chinese Language and Chinese History. I enjoy reading, watching movies, hiking, traveling, and writing. I am very happy to join the Choi Tin family this year. Since coming to Choi Tin, what has brought me the most joy is the little moments I've shared with the students on campus. Among these, one that deeply moved me was when a student suddenly told me after school, "Teacher, today is your lucky day." I asked why, and the student then took out a pen and said he wanted to give it to me. Now, I always keep this pen on my desk. Not only does it help me practice writing, but it also reminds me that in the Choi Tin family, every day will continue to be my lucky day!



Cheung Yui

Hello everyone! I'm Miss Cheung, the new Chinese teacher this year. I love dogs, and I have two adorable Pomeranians at home. Their cuteness and loyalty always brings me immense joy! Additionally, I'm passionate about yoga, which helps me find balance in my busy life. When I encounter stress, I focus on my breathing, allowing myself to relax.



Sit Wai Lok

Hello! My name is Sit Wai Lok. I teach Physical Education, Integrated Science, and Computer Studies at our school. I am also a member of the Hong Kong Athletics Team, specializing in shot put. I currently hold the top national ranking and maintain the U18 and U20 shot put records. In my spare time, I enjoy watching movies and traveling, and sharing my own experiences with students. I look forward to making even more great memories at our school!



Tze Chun Kin

Hello everyone, I am Mr. Tze, a new teacher this year. I teach Ethics and Religious Studies, Religious and Moral Education and Chinese Language. I was baptized and became Catholic during my junior secondary years. If you have questions about your faith, please feel free to come and discuss with me! Just like the students here, I enjoy playing sports. I love cycling, playing basketball and running. I hope to have the chance to play with you all on the court in the future!



Shum Kwan Ho

Hello everyone! I'm Mr. Shum Kwan-ho, the new History and CES teacher at CHECSS. In just two short months since the start of the school year, I've already felt the energy and dynamism of Choi Tin students, especially my Form 4 class. For those who enjoy history and philosophy, you're very welcome to come discuss different historical ideas and fun facts with me. I'm also an avid cyclist, feel free to ride with me and share your cycling experiences. Lastly, I'd like to share one of my favorite quotes: "We are what we repeatedly do. Excellence, therefore, is not an act, but a habit." Students, remember success is not achieved in a single moment, but through continuous accumulation and learning from failure.



Wang Tsz Lui

Hello everyone, I'm your new Biology teacher Ms Wang. I enjoy doing sports in my spare time, and volleyball is my favorite-I've been playing it since primary school. I'm really glad that more people have developed a love for volleyball because of Haikyuu!! I hope I'll get the chance to play volleyball with the students of CHECSS someday.

Although I've only been at CHECSS for a short time, I can feel the students' enthusiasm and kindness every day. Whether it's during recess or after school, everyone always greets me warmly, and they even remind me to drink more water after class. I can see that at CHECSS, no matter what role or position each person has, everyone cares for one another, and the entire campus is filled with love.



Musical: Choi Hung Spirit Never Dies

English Musical
Performance:
Choi Hung Spirit
Never Dies

Showtime:

12/12

11:00-11:30 am

15:00-15:30 pm

13/12

11:00-11:30 am

13:30-14:00 pm

Synopsis:

Having lived in Choi Hung Estate since birth, Maurice and Moses are two energetic boys who are attending Choi Hung Estate Catholic Secondary School in the coming September. Maurice likes playing handball, while Moses, Maurice's younger brother, is passionate about Tai Chi. They join the school's Handball Team and Tai Chi Club respectively. While they are excited about their school life, they find that many of their classmates are worried that the community will fall apart due to the redevelopment of Choi Hung Estate. Learning that the school will remain and determined to serve the community, the brothers propose organizing a Fun Fest in Choi Hung Estate to spread positivity, with one of the highlights being the Handball Tai Chi show, combining the energy of handball with the grace of Tai Chi.



Maurice

The protagonist of the play. Choi Hung Estate Resident. Fun, energetic, determined. Talented at handball.

2A WONG JUN XIAN



Moses

Maurice's younger brother. Secondary 1 student. Choi Hung Estate Resident. Vibrant, respect traditional Chinese culture. Passionate about Tai Chi.

5A SUEN PAK YIN



Dad

Maurice's father. A Tai Chi master, known as Master Papa in the neighbourhood.

5B IP CHO YAN



Uncle Aaron

Maurice's uncle. A part of the Tai Chi family

2A FENG JING CHENG



Mr. Chan

Choi Hung Estate Resident. Neighbour of Maurice's family. Master Papa's student.

3A LAM MING NOK



Ronald

Handball Team's Captain

4A CHEUNG TSZ CHUN



Tat Chi

School's Tai Chi Team Leader
5B LEUNG TUNG LOK



James

A Handball Team member.
Secondary 1 student.
2C CHAN CHEUK KWAN AIDEN



Watson

A Handball Team member.
Secondary 1 student.
3A KAN KA HIM



Harris

A Handball Team member.
Secondary 2 student.
2A MO KWAN HO



Timothy

A Handball Team member.
Secondary 2 student.
3B JAVED AMAAN ABUZAR



Mr. Fong

School's PE Teacher. Teacher in
charge of the Handball Team
2A SO HON SING



Mr. Yuen

School's Chinese Teacher. Old.
Teacher in charge of the
Tai Chi Team.
4C LAM KIN CHUN ALVIS



Mr. Mo

The School's Vice Principal.
Determined that the school
will stay and continue to serve
Choi Hung district.
3A JAVED AZAAN ABUZAR



Understudy

To substitute for any missing role
3C CHOY TSZ HO

Talent Show



Nine students from S2 to S4 performed a short drama at the Hong Kong Catholic Diocesan Secondary School Talent Show in 2025. They underwent two months of training to prepare for the competition. Although they did not win, the experience was valuable for them as they had the opportunity to watch performances from other schools, which inspired them to improve their performance in the future.



S.1 English Fun Day

The S.1 English Fun Day, held during the summer, was an exciting and vibrant event designed to introduce our new S.1 students to the enriching world of English language and cultures. Organized by a dedicated team of Native English Teachers, the day was filled with a variety of interactive activities and games that emphasized the theme of cultural exploration.

The goal of this initiative was not only to make the language learning process enjoyable but also to foster a welcoming atmosphere within our school community. By engaging in thought-provoking games and activities, students had the opportunity to learn about diverse cultures from around the globe while practicing their English skills in a fun and relaxed setting.

The enthusiasm displayed by the students was truly inspiring. Their eagerness to participate in activities, collaborate with their peers, and immerse themselves in the learning experience showcased their excitement to be part of our school.



Speech Festival



This year, we proudly had twenty-eight enthusiastic students from S1 to S5 participating in the 76th Hong Kong Schools Speech Festival. Half of our talented participants took part in the Solo Verse Speaking Non-Open Competition, while eight S1 students and six S5 students embraced the challenge of the Dramatic Duologue. It was a joyous milestone for our school, marking our first attempt at the Dramatic Duologue, and it had been quite some time since S5 students took part in this exciting competition.

The competitions were scheduled to take place from November 20, 2025, to December 11, 2025. Recognizing the significance of their stage performances, our students dedicated themselves to diligent recitation and practice to strive for outstanding results. This experience was a wonderful opportunity for them to showcase their English skills and build their confidence in a supportive and encouraging environment.

English Morning Assembly

The morning assembly in English has been a valued tradition at our school, offering students a chance to showcase their abilities through group performances. This year, students can present on the themes of "Unity" and "Perseverance," which are key components of the twelve priority values and attitudes. Our committed English teachers will continue to engage students by discussing various topics during the assembly, aligning with our chosen themes to enhance the overall learning experience.

Building on the success of last year's Inter-Class Kahoot Competition, which increased student participation during the morning assembly, we will continue year-round broadcasts of the assembly. This approach not only makes better use of the English Passport but also addresses a significant concern this year: enhancing the academic atmosphere. A Kahoot game will be held after every four or five presentations, and at the end of the school year, the winning classes will be recognized. The first round of the Kahoot game took place on December 17th.

Moreover, we will feature student emcees from the English Society's core members who will host the assembly. This will not only provide them with practical experience in public speaking and leadership but also involve additional training as hosts. To engage students and enhance the enjoyment of the English language, a riddle will be displayed on the English Board and announced by members of the English Society during the English Morning Assembly starting in January 2026. The answer to the riddle will be disclosed in the following week.

Another exciting initiative included in this plan is the book-sharing sessions, where students and teachers will take turns discussing books. This aims to encourage students to engage with a variety of reading materials and develop a passion for reading in English.

In addition to the morning assembly, the English Department will continue to provide English Passports for our English-Speaking Day, promoting further language development. Every Wednesday, English teachers will announce a task, and students can complete it in front of their teachers to earn a signature in their passports. These tasks will include activities like reading aloud or sharing opinions on specific topics. To enhance the academic environment, English teachers will also be present to support students during Speaking Day on Wednesdays during the first two recesses, stationed on both the 1st and 2nd floors to assist junior form students.

In summary, this year's morning assembly will engage students through themes of "Unity" and "Perseverance," along with activities like the Kahoot competition and book-sharing. These initiatives are designed to improve the academic environment and develop students' communication skills.



Students' Good Works

Slogan:

Christ ahead, SPES SALUS;
toward the goal, we run straight;
through challenges, Choi Hung thrives;
sixty years of grace unbroken.

The 60th Anniversary Drawing Competition



1B CHO CHUN HIN 1st



2A LAU JEREMY ANTHONY 1st



3A CHEN JINGLIN 1st



Penmanship Competition

Poem:

Legacy of Choi Tin

Christ ahead, SPES SALUS.

Our beacon and our certain claim,
In His great name, our path and aim,
The source of hope, the fount of salvation.

Toward the goal, we run straight.
Through decades long, by faith we've pressed,
With steadfast soul and fervent heart,
Our eyes fixed fast upon that unfading Day.

Through challenges, Choi Tin thrives.
A vibrant sign of grace restored,
A promise from our loving Lord,
That tested faith, more brilliant, shines and lives.

Sixty years of grace unbroken.
A legacy of gracious story,
A testament to Heaven's glory,
In thankful hearts, a living, breathing token.

Legacy of Choi Tin

Christ ahead, SPES SALUS.

Our beacon and our certain claim,
In His great name, our path and aim,
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1A TAI HOI HIN HARRIS 1st

Legacy of Choi Tin

Christ ahead, SPES SALUS.

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2A LAU JEREMY ANTHONY 1st

Legacy of Choi Tin

Christ ahead, SPES SALUS.

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3A CHEN SHICONG 1st

The 60th Anniversary Writing Competition

S1: Your Favorite Part About School

Write a script for a video blog (vlog) about your favourite part of our school.

1A CHEN TIN HUNG

Hello dear viewers! Welcome to my vlog about my favourite things in our school.

My favourite place is the art room, where we can draw many different things. It's quite fun to draw. Hey, you also get flexing rights if you are good at drawing! Isn't it fun to flex?

And my favourite activity is my Art Club. The teacher is very nice and teaches us how to draw people. I learned quite a bit, but I still can't draw hair...

Now I want to talk about my friends! Andy and Alan are twins, but Alan is like 5 seconds older or something. They are quite funny and know a lot of interesting lore about some game characters. I like to hear it.

And my favourite time of the day is lunch, of course. We can go out and eat. We can also talk with each other or play games like Uno. Although my friends and I never get to finish because we always run out of time...

That's all I wanted to share with you all. I really, really hope you guys had an excellent day. Peace out!

S2 - S3: A School Memory I Will Never Forget

Write an article about a school event or activity that was very memorable for you.

2A Chan Kin To

What is your most memorable school event? For me, my most memorable school activity was when the school took us to the Hong Kong Catholic Cathedral of the Immaculate Conception in Central. First, the volunteers at the cathedral explained the history and stories of the cathedral. Then they gave us an orientation and a detailed introduction to the cathedral. Each class also took a group photo. While visiting the cathedral, I looked at the exhibits and the attached written descriptions. This is the most interesting part, so I will not forget this memorable school event.

Another unforgettable moment was when we left the cathedral; our class teacher took us to the MTR station and let us go home. It was the first time I travelled from Central to home because my mum let me go for a spin: passing through eighteen stations and going home on my own! It is a new and wonderful experience for me!

After I got home, I wanted to rest, but I suddenly remembered I had a reflection worksheet to do. At last, I finished the reflection worksheet in 1 hour! Although I have to do some homework after the visit, I still love this kind of activity. The school can hold more similar memorable activities for students because they are very meaningful and educational. Students can learn a lot of knowledge outside the classroom.

3A LAM MING NOK

A School Memory I Will Never Forget

It was half a year ago when I went on a school trip to Lady MacLehose Holiday Village with my classmates and teachers. It is quite unforgettable. Every time I look at the hand charm, I remember the things that happened there.

I still remember the day that Mr Wong announced to us that we were going on a school trip. I was pretty excited; my mind kept popping up ideas of what I was going to do there with my friends. My excitement just kept rising each day. It was not just that I had a good first impression about the trip, but also what I did during it.

On the day of the trip, sitting on the shuttle bus, I was thrilled. I kept chatting with my friends about what to play first. When we arrived, the teachers took us to the main hall to give us a briefing on where and when to meet for lunch, and also gave a short introduction about the facilities nearby. While I was listening to the teacher, my whole body started to shake; I was too excited to the point where I couldn't sit still. The time finally came. We were free to roam around and play. My friends, Eason and Azaan, and I went to the sports centre to play badminton. Hitting one shot after another, we were so focused on the game that we forgot the time. It had been an hour before we left the centre. We bumped into Ms. Tsai, who invited us to a hand charm making workshop. I made a colourful fish, and the worker there helped me heat up the shrink plastic to turn it into a hand charm. It was then lunchtime. We did a prayer led by the teacher and dug into the food. We finished lunch quickly and got back to playing.

After exploring for a bit longer, we stumbled upon the activity room. There were different arcade games in there, and strangely enough, there was a vending machine with YouTube installed into the tablet. We had been playing Whack A Frog for over an hour and then switched games to play air hockey. After a while, suddenly, the lights went out. We paused for a moment and heard nothing. It was just pure silence. I looked around; there wasn't anyone else, only us. My watch flashed; I looked at it and screamed, '2:57, we were supposed to get back by 3!' We packed our bags and went outside. We ran up the slope as if our lives depended on it. With desperation, we somehow made it in time, right on the clock. As I caught my breath, I told myself this must be the most unforgettable thing that happened during the trip.

The time had come; we had to leave now. Sad moments always come after a happy one. Looking behind as we went further and further away from the holiday village, I thought about the unforgettable moments we had just experienced. Between sprinting together to the main hall against time and making a hand charm of memory, which is also the only souvenir I was taking home, I couldn't decide which was a better moment for us, but either way, I won't forget those things forever. I just hope we could relive the same day again and experience those things all over again. In the end, I would like to say, whether the things we did were mistakes or not, they just made us memories that we will never forget. Looking at the charm now, I still deeply remember what happened on that day.

S4-S5: Helping Our Community

Write a letter to the principal. Our neighbourhood, Choi Hung Estate, will be redeveloped, but our school will stay. Suggest ideas to the principal on how students, the school, and parents can help and support the community during this period.

4A CHEUNG TSZ CHUN

Dear Principal Ho,

I am writing to you today to offer meaningful support to Choi Hung Estate and would like to suggest several initiatives where students, staff, and parents can collaborate.

The community will likely face a range of difficulties, including prolonged noise and dust from construction, disrupted local businesses, increased traffic congestion, and, most importantly, the social and emotional strain on long-term residents being temporarily or permanently relocated. The very fabric of our neighbourhood is changing, and we must act to preserve its spirit.

To address these challenges, I propose we launch a coordinated effort. Our students could initiate an "Estate Elders Buddy System," where volunteers provide practical assistance to elderly residents, such as helping them navigate new digital services for government housing matters or simply offering regular friendly visits to combat isolation. Furthermore, the school's Art and Design departments could collaborate on a project to create vibrant murals for the construction hoardings. This would not only beautify the area but also showcase student talent and signal that our community's creativity remains alive.

Parents, through the PTA, can play a crucial role by organising "Welcome Kits" for new families moving into the area or temporary units, containing school information, local guides, and small gifts to foster an immediate sense of belonging. The school itself could offer its hall and facilities during evenings and weekends for community forums, allowing residents a space to voice concerns and stay connected.

To ensure our help has a lasting, positive impact, we should focus on documenting the "Soul of Choi Hung." Student-led teams could interview long-term residents, capturing their stories, photos, and memories in a digital archive or a published book. This would create a priceless historical record for future generations and affirm the value of our community's heritage amidst the physical change.

By working together in this manner, we can strengthen the bonds that make Choi Hung special. Our school can become the beating heart of the community during this transition, demonstrating compassion, resilience, and true neighbourhood spirit.

Thank you for your time and consideration.

Yours sincerely,

Chris Wong

5B Lai Wing Ho

Dear Principal Ho,

The upcoming redevelopment of Choi Hung Estate is a very crucial period for the community as a whole. This provides a great opportunity for our school to help our community. I am writing to suggest ideas to help them.

To help residents connect to our school and provide them with support, the school will provide school facilities like the school hall and library during non-school hours for them to take a break from distractions or have a chance to read some books from our library.

To promote this event, students and teachers can work together to set up notice boards in public and a website, list the details of the event such as the opening and closing times, support services and frequently asked questions.

Older residents who do not have experience with redevelopment might not know how to manage stress during the change and financial planning when relocating. Holding workshops to teach residents these skills by inviting experts is an effective way for residents to learn how to deal with redevelopment.

In addition to holding workshops, host a community forum for residents to voice their concerns and ask questions about the redevelopment. The community forum will be both an online and offline forum to cater to older residents who are not comfortable with using online websites. Residents can write their concerns on a piece of paper and submit them to a collection box for teachers and students to review.

Including parents' help can significantly improve the support we give to residents. Parents can give out home-cooked meals or care packages to families moving or residents living alone. If they prefer fresh food, parents can also visit them to cook dinner together and enjoy a meal with the residents, thereby strengthening the bond within the community.

This period will allow both our students and the school to improve our connection to the community and for students to get experience that will help them in the future. I look forward to your consideration of these ideas and hope to hear from you soon.

Yours sincerely,

Chris Wong

English Society: Reflections

Taking on a Leadership Role in the English Society:

This year, I have the honor of being the Chairman of the English Society. Initially, I was concerned about taking on more responsibilities as a Form 5 student, fearing it might reduce my free time. However, as I continue in this role, I am grateful for the opportunity to support our school by assisting with events like the upcoming Open Day.

After the Consulate Visit Program:

During my time in the Consulate Visit Program, I had a great experience presenting alongside my Vice-Chairmen to esteemed consular officials from the Royal Thai Consulate-General. We showcased our school's specialties and unique qualities. This experience taught me a lot, as the officials provided us with a brief history of the relationship between Thailand and China, including the history of trade and cultural exchanges between the two nations. I look forward to learning even more about these topics in the future.

By 5B Ip Cho Yan, Jimmy



Taking on a Leadership Role in the English Society:

Initially, I was unsure whether I could handle my new role as vice-chairman. However, as I embraced this responsibility, I quickly became comfortable with it and even started to enjoy my new position.

After the Consulate Visit Program:

Before the visit, I felt confident that I would perform well. However, that confidence quickly faded upon my arrival at the building. I met two other secondary school students participating in the program, and seeing them present helped to slowly rebuild my confidence, as I realized they were just as anxious as I was. Once it was my group's turn to present, we delivered our presentation flawlessly and concluded it smoothly. After the presentation at the final school, I took the opportunity to ask several meaningful questions to the Royal Thai Consulate-General and even managed to take a picture with him.

These experiences have highlighted my flaws and made me realize that I was not at the level I believed I was. I learned to reflect on my mistakes and strive to improve myself to be better than before.

By 5B Leung Tung Lok, Tony

Taking on a Leadership Role in the English Society:

Having been promoted to Vice Chairman of the English Society, I feel that this position is a natural fit for me. My enthusiasm for all things related to English and my desire to help my fellow students make me eager for this role. I look forward to assisting with events such as Open Day, English Week, and many others.

After the Consulate Visit Program:

Recently, my fellow chairpersons and I visited the Royal Thai Consulate-General to present our school and its specialties. It was an enjoyable experience—I even managed to get the biggest laugh during the presentation! It was also fascinating to learn about the two other schools that participated in the Consulate Visit Program. I gained insights into the history of Thai and Chinese relations over the past few centuries, shared with us by Consul-General Mr. Chaturont Chaiyakam. I hope to participate in more activities like this in the future.

By 4A Cheung Tsz Chun, Adam